

Program Overview

Thursday, May 9th, 2019

8:30	Registration							
Time	E222	A05	A06	A07	A08	C5	A32	
09:00	COGITA Study Group 09:00-17:00		Googling in the waiting room Study Group 09:00-11:00					
09:30								
10:00					HEFESTOS Study Group 10:00-13:00	Family Voilence Study Group 10:00-13:00	Executive Board Meeting 09:30-13:00	
11:00				PIPE Study Group 11:00-13:00				
11:00								
12:00								
13:00								
13:00-14:00	Lunch Break (Price is not included in conference fee)							
14:00	COGITA Study Group 09:00-17:00	Workshop 1: Writing for Publication-Meet the Editors for Tips and Tricks! 14:00-16:30	Workshop 2: Multimorbidity research agenda 14:00-16:30	Workshop 3: How to formulate a good research question? 14:00-16:30	Workshop 4: Multimorbidity – The Copenhagen Approach 14:00-16:30	Workshop 3: How to formulate a good research question? 14:00-16:30	Council Meeting 14:00-17:00	
15:00								
16:00								
16:30								
16:30								
17:00								
17:00		Research Strategy Committee 17:00-18:00	PR & Communication Committee 17:00-18:00	Educational Committee 17:00-18:00	Multiple Projects 16:30-18:30			
18:00								
18:30								
19:00-20:30	Welcome Reception and Opening Cocktail. Tampere City Hall. Invitation is required. Invitations will be delivered at the registration desk.							
20:30-22:20	Get Together Party at Pyynikin Brewhouse Pub. Self paid drinks and food will be available.							

Friday, May 10th, 2019

08:00-08:30	Registration	
Time	Juhlasali	A1
08:30-08:45	Opening of the Meeting by EGPRN Chairperson	
08:45-09:00	Welcome by Local Host	
09:00-09:40	International Keynote Lecture Prof. Bruce Guthrie	
09:40-11:10	Plenary Session - Theme Papers: Multi-morbidity and Polypharmacy	
11:10-11:40	Alphabet Coffee Break - Main Auditorium Foyer and Portrait Foyer	
11:10-11:40	Coffee Break - Main Auditorium Foyer	
11:40-13:10	Parallel Session A - Theme Papers: Disease Management	Parallel Session B - Freestanding Papers: Multi-morbidity
13:10-14:10	Lunch	
13:10-14:10	<p>Research Café! Location: Restaurant Juvenes, 2nd floor cabinets 230 Do you have any questions about research that you are doing or would like to do? You can ask the expert at lunch time. Lunchboxes will be available in the meeting room</p>	
	A1	A4
14:10-16:10	Parallel Session C - Theme Papers: Multi-morbidity and the Patient Perspective	Parallel Session D - Freestanding Papers: Tools and Technology in General Practice
16:10-16:30	Coffee Break - Main Auditorium Foyer	
16:30-18:00	Parallel Session E - Thema Papers: Longitudinal Trends in Multi-morbidity	Parallel Session F - Freestanding Papers: Governance and Training in General Practice
18:00-18:10	Summary of the day	

	A06
18:10-19:10	Örenäs Study Group Meeting
	Practice Visit
18:10-19:15	Practice Visit to Tipotien Terveysasema. A bus will leave from the venue for the practice visit. Prebooking is essential.

Saturday, May 11th, 2019

Time	A1	A4
08:30-09:10	National Keynote Lecture Prof. Elise Kosunen	
09:10-10:40	Parallel Session G - Freestanding papers: Quality of Care and the Patient Perspective	Parallel Session H - EGPRN Special Methodology Session
10:40-11:00	Coffee Break - Main Auditorium Foyer	
11:00-13:00	Parallel Session I - Theme Papers: Risk Factors and Disease	Parallel Session J - One Slide Five Minute Presentations
13:00-14:00	Lunch	
14:00-15:30	Poster Sessions at Main Foyer	
	Poster Session 1 - Multimorbidity	Poster Session 2 - Diabetes
	Poster Session 3 - Mental Health	Poster Session 4 - Patient Care
	Poster Session 5 - Miscellaneous	Poster Session 6 - Pharmaceuticals and Other
15:30-16:00	Coffee Break - Main Auditorium Foyer	
16:00-17:00	A1	A4
	Parallel Session K - Freestanding papers (Miscellaneous)	Parallel Session L - Research Course Research Fellow Presentations
17:00-17:10	Summary of the day	
17:10-17:30	Chairperson's Report by EGPRN Chair	
17:30-17:45	Introduction to the next EGPRN meeting	
17:55-18:00	Closing	
20:00-23:30	Social Night with Dinner, Dance and Music! at Juvenes Restaurant Attila. Pre-booking online is essential.	

Programme

Thursday, 09th May 2019

09:00 - 11:00	EGPRN Collaborative Study Group Meeting - Googling in the Waiting Room Location: A06
09:00 - 13:00	EGPRN Collaborative Study Group Meetings - COGITA Location: E222 Detailed meeting program available here: https://meeting.egprn.org/page/cogita
09:30 - 13:00	EGPRN Executive Board Meeting Only for Members of the Executive Board Location: C5
10:00 - 13:00	EGPRN Collaborative Study Group Meeting - Family Violence Location: A08
10:00 - 13:00	EGPRN Collaborative Study Group Meeting - HEFESTOS Study Location: A07
11:00 - 13:00	EGPRN Collaborative Study Group Meeting - PIPE Study Location: A06
13:00 - 14:00	Lunch Price not included in conference fee.
14:00 - 17:00	EGPRN Collaborative Study Group Meeting - COGITA Location: E222 Detailed meeting program available here: https://meeting.egprn.org/page/cogita
14:00 - 17:00	EGPRN Council Meeting Only for EGPRN Executive Board and EGPRN Council members. Location: A32
14:00 - 16:30	Pre-Conference Workshop 1: Writing for Publication – Meet the Editors for Tips and Tricks! Speakers: Jelle Stoffers (Editor in Chief, European Journal of General Practice, Helena Liira (Editor in Chief, Scandinavian Journal of Primary Care) Location: A05 Registration required. Please see: https://meeting.egprn.org/page/writing-for-publication-%E2%80%93-meet-the-editors-for-tips-and-tricks%21
14:00 - 16:30	Pre-Conference Workshop 2: Multimorbidity Research Agenda as An Example for a Formalised Consensus Procedure Speakers: Jean Yves Le Reste and Patrice Nabbe, University of Western Brittany, Brest, France Location: A06 Registration required. Please see: https://meeting.egprn.org/page/multimorbidity-research-agenda-as-an-example-for-a-formalised-consensus-procedure
14:00 - 16:30	Pre-Conference Workshop 3: How to formulate a good research question? Speakers: Pekka Mäntyselkä, Elise Kosunen, Markku Sumanen, Aleksi Varinen Location: A07 and C5 Registration required. Please see: https://meeting.egprn.org/page/how-to-formulate-a-good-research-question
14:00 - 16:30	Pre-Conference Workshop 4: Multimorbidity – The Copenhagen Approach Speaker: Volkert Siersma, University of Copenhagen Location: A08

Registration required. Please see: <https://meeting.egprn.org/page/multimorbidity-%E2%80%93-the-copenhagen-approach>

16:30 - 18:30

EGPRN Collaborative Study Group Meeting - Multiple Projects

Location: A08

17:00 - 18:00

EGPRN Committee Meetings and Working Groups

- EGPRN Research Strategy Committee - A05
- EGPRN PR & Communication Committee - A06
- EGPRN Educational Committee - A07

19:00 - 20:30

Welcome Reception and Opening Cocktail.

Location: Tampere City Hall. <https://goo.gl/maps/hd3A4qXvgbt>.

Invitation is required! Invitations will be delivered at the registration desk.

20:30 - 22:30

Get Together Party at Pyynikin Brewhouse Pub

Room for 200 people have been booked at [Pyynikin Brewhouse Pub](#) for a get together party. Self paid drinks and food will be available.

Friday, 10th May 2019

08:00 - 08:30	Registration Location: Main Lobby
08:30 - 08:45	Opening of the Meeting by EGPRN Chairperson Speaker: Davorina Petek Location: Juhlasali
08:45 - 09:00	Welcome by Local Host Location: Juhlasali
09:00 - 09:40	International Keynote Lecture Speaker: Bruce Guthrie, Professor of Primary Care Medicine, University of Dundee Title: The challenge of multimorbidity for health services and researchers Chair: Davorina Petek Location: Juhlasali
09:40 - 11:10	Plenary Session - Theme Papers: Multi-morbidity and Polypharmacy Chair: Davorina Petek Location: Juhlasali Presentations: <ul style="list-style-type: none"> • Barriers and Enablers to Deprescribing in Older Patients With Multimorbidity and Polypharmacy - Sven Streit • Multimorbidity and Polypharmacy in Canada: Examining Prevalence and Patterns in Primary Health Care Using a National Electronic Medical Record Database - Kathryn Nicholson • Multimorbidity in primary care: Interdisciplinary person centred disease management - Sabine Bayen
11:10 - 11:40	Alphabet Coffee Break Location: Main Auditorium Foyer and Portrait Foyer
11:10 - 11:40	Coffee Break Location: Main Auditorium Foyer
11:40 - 13:10	Parallel Session A - Theme Papers: Disease Management Chair: Jelle Stoffers Location: Juhlasali Presentations: <ul style="list-style-type: none"> • Complex Multimorbidity - Prevalence and Workload - David Rodrigues • Further development and validation of the Multimorbidity Treatment Burden Questionnaire (MTBQ) - Polly Duncan • INterprofessional follow-up of PATients with Cancer (SINPATIC study): an exploratory study of patients - William Mirat
11:40 - 13:10	Parallel Session B - Freestanding Papers: Multi-morbidity Chair: Peter Torzsa Location: A1 Presentations: <ul style="list-style-type: none"> • Anticholinergic burden and most common anticholinergic-acting medications in older general practice patients - Eva Cedilnik Gorup • Identifying high-need patients with multimorbidity based on their primary care medical records - Marianne Heins • Multi-morbidity or dual pattern of diseases among Negev Bedouins? Approach to multi-morbidity in communities under transition - Mohammed Morad

13:10 - 14:10

Lunch

13:10 - 14:10

Research Café!Location: Restaurant Juvenes, 2nd floor cabinets 230

Do you have any questions about research that you are doing or would like to do?

Ask the EGPRN's experts at the lunchtime *"Research Café"*!

Lunchboxes will be available in the meeting room.

14:10 - 16:10

Parallel Session C - Theme Papers: Multi-morbidity and the Patient Perspective

Chair: Kathryn Hoffmann

Location: A1

Presentations:

- Bringing together older multimorbid patients with polypharmacy, general practitioners, and eHealth: protocol of a cluster randomized controlled trial in Swiss primary care - Katharina Tabea Jungo
- Continuity of care is associated with patient satisfaction among multimorbid patients - Emmi Lautamatti
- Measuring needs and expectations in life when living with multimorbidity - development and validation of the MMQoL scale - Kristine Bissenbakker
- Quality of life among older adults living with multimorbidity: findings from the European SHARE database - Tatjana T Makovski

14:10 - 16:10

Parallel Session D - Freestanding Papers: Tools and Technology in General Practice

Chair: Ayse Caylan

Location: A4

Presentations:

- Comparison of Patient Enablement Instrument to two single-item measures - Elina Tolvanen
- Feasibility of a checklist in treating hypertension in primary care – base line results from a cluster-randomised controlled trial (check and support) - Aapo Tahkola
- Implementation of video recording with immediate feedback in real-time consultation in general practice - Tan-Trung Phan
- The effect of electronic reminders on the recording of diagnoses in primary care: a longitudinal follow-up study. - Tuomo Lehtovuori

16:10 - 16:30

Coffee Break

Location: Main Auditorium Foyer

16:30 - 18:00

Parallel Session E - Thema Papers: Longitudinal Trends in Multi-morbidity

Chair: Miguel Angel Muñoz Pérez

Location: A1

Presentations:

- Comorbidity in family medicine – causal or casual? What is the effect of illness diversity? A longitudinal observational study in primary care. - Jean Karl Soler
- Longitudinal multimorbidity patterns in elderly population using Hidden Markov Models - Marina Guisado-Clavero
- Trends in multimorbidity and polypharmacy in the Flemish-Belgian population between 2000 and 2015 - Tine De Burghraeve

16:30 - 18:00

Parallel Session F - Freestanding Papers: Governance and Training in General Practice

Chair: Lieve Peremans

Location: A4

Presentations:

- Forms and frequency of sanctions in primary healthcare in Macedonia - Marija Zafirovska
- Frequency and form of controls over primary health care physicians in Slovenia - Aleksandar Zafirovski
- Role of Educative Family Health Centers in Family Medicine Residency Programme of Turkey - Hasan Hüseyin Şahin

18:00 - 18:10

Summary of the day

Speaker: International Keynote, Prof. Bruce Guthrie

Chair: Davorina Petek

Location: A1

18:10 - 19:10

EGPRN Collaborative Study Group Meeting - Örenäs

Location: A06

18:10 - 19:15

Practice Visits in and around TampereLocation: Tipotien Terveysasema <https://goo.gl/maps/TjN1KgU1r3K2>

Practice place is 3 km away from the venue. A bus will leave from the venue for the practice visit.

Please sign up at the registration desk for a seat at the bus.

Saturday, 11th May 2019

- 08:30 - 09:10 **National Keynote Lecture**
 Speaker: Prof. Elise Kosunen, Tampere University
 Title: Multiprofessional primary health care and challenges of multimorbidity
 Chair: Davorina Petek
 Location: A1
- 09:10 - 10:40 **Parallel Session G - Freestanding papers: Quality of Care and the Patient Perspective**
 Chair: Claire Collins
 Location: A1
Presentations:
- Eleven Quality of life scales are available for the general population, nevertheless very few are reproducible and none has undertaken an external validation survey. - Lalande Sophie
 - Quality of primary care (QUALSOPRIM) study: Professionals' Insights into the Patient Perspective: A Qualitative Study in the Field of quality of primary care. - Jérémy Derriennic
 - The TATA survey: The translations of the WAI SR are homogeneous between Spain, Poland, Slovenia, France and Italy. - Fabienne Morvan
- 09:10 - 10:40 **Parallel Session H - EGPRN Special Methodology Session**
 Chair: Jean Karl Soler
 Location: A4
Presentations:
- Multimorbidity-Effect of multi morbidity on duration of stay in community ward - Aaseem Farid
 - Research on multimorbidity-the time for paradigms change - Ljiljana Majnaric
 - The Hawthorne Effect: systematic review and meta-analysis - Christophe Berkhout
- 10:40 - 11:00 **Coffee Break**
 Location: Main Auditorium Foyer
- 11:00 - 13:00 **Parallel Session I - Theme Papers: Risk Factors and Disease**
 Chair: Sven Streit
 Location: A1
Presentations:
- Associations of sociodemographic and clinical factors with perinatal depression among Israeli women - Limor Adler
 - Factors associated with unplanned hospitalisations and emergency department visits among elderly people with multimorbidity and polypharmacy in primary care: the FOPAS cohort study - Julie Fabre
 - High number of GP's visits and number of illnesses are risk factors for multimorbid patients. - Jean Yves Le Reste
 - Lifetime Risk, Multimorbidity and Disease-Free Life Expectancy of Noncommunicable Diseases in the General Population: A Prospective Cohort Study - Silvan Licher
- 11:00 - 13:00 **Parallel Session J - One Slide Five Minute Presentations**
 Chair: Ferdinando Petrazzuoli
 Location: A4
Presentations:
- Do Patient Oriented General Practitioners / Family Doctors (GPs/FDs) with Internal Locus of Control have Lower Level of Burnout in Management of Multimorbidity? - Radost Assenova
 - Does Time Restricted Feeding (16:8) reduce metabolic risk factors in pre-diabetic individuals who suffer from obesity more than the Caloric Restriction diet - Ilan Yeshayahu
 - Feasibility, validity and reliability of Suuntima Customership Navigator Tool in Finnish primary health care - Riikka Riihimies
 - Health time consumption by multimorbidity patients - Ana Carolina Reis Tadeu

- Physical activity prescription - Menashe Meni Amran
- The immigrant family doctors: The challenges of immigration and the impacts on Primary Care - Candan Kendir
- The impact of gender and multimorbidity on the management of type 2 Diabetes Mellitus - Sara Ares Blanco
- The relation between the somatization and fatigue as the chief complaint - Pemra C. Unalan
- Trauma Spectrum of Behavioral Co-Morbidities - Olimpia Maria Varva

13:00 - 14:00

Lunch

14:00 - 15:30

Poster Session 1 - Multimorbidity

Co-ordinator: Tiny van Merode

Chair: Erik Stolper

Location: Main Auditorium Foyer

Presentations:

- A study of expressed and unmet healthcare needs of the population of Brasov County Romania, in relation with family doctors. - Andrea Neculau
- Analysis of multimorbidity patterns in accordance with different prevalence cut-off points - Concepción Violán
- Assessment of digital services for complex patients in primary care, an EIP-AHA Reference site case study - Lea Milutinovic
- Characteristics of Patients Receiving Long-Term Home Nursing Care and the Role of the Nurse - Ludmila Marcinowicz
- Research on multimorbidity using general practitioners' electronic patient records - Johannes Hauswaldt

14:00 - 15:30

Poster Session 2 - Diabetes

Co-ordinator: Tiny van Merode

Chair: Radost Assenova

Location: Main Auditorium Foyer

Presentations:

- Evolocumab Versus Ezetimibe in Addition To Statins For Secondary Prevention Of Major Adverse Cardiovascular Events In Patients with Type 2 Diabetes and Hypercholesterolemia - Joseph Azuri
- How does quitting smoking affect weight, metabolic measures and the risk of developing Diabetes Mellitus - Corinne Herskovizh
- Relationship between omentin and chemerin levels and metabolic indices of obesity within one year in non-morbid overweight and obese adults - Vija Silina
- Screening of Diabetic Retinopathy in Southwest Finland - Merja Laine
- Vulnerable and diabetes patients' perspectives on the advantages of patient education in primary care centre: a qualitative study in France - Emmanuel Allory

14:00 - 15:30

Poster Session 3 - Mental Health

Co-ordinator: Tiny van Merode

Chair: Sabine Bayen

Location: Main Auditorium Foyer

Presentations:

- Adolescent Depression Associated With Parental Depression: Screening, Prevalence and Secondary Prevention From the AdoDesP Survey (Adolescent Depressed Parents on Primary Care): Research - Florian Stephan
- Atopic Eczema in Adulthood and Risk of Depression and Anxiety: A Population-Based Cohort Study - Yochai Schonmann
- Can we apply light therapy in chronic insomnia? a systematic literature review and meta-analysis - Juliette Chambe
- Multimorbidity among Finnish university students, especially among students suffering from mental illness according to the Finnish Student Health Survey in year 2016 - Tiina Vuorio
- Well-being and depression in International Medical Students - Cindy Heaster

14:00 - 15:30

Poster Session 4 - Patient Care

Co-ordinator: Tiny van Merode

Chair: Ilze Skuja

Location: Main Auditorium Foyer

Presentations:

- Assessment of the needs and expectations of inhabitants of İstanbul - Pendik county from primary care services. - Ayşe Çaylan
- Attitudes and knowledge of family physicians regarding patients with multimorbidity in the Republic of Croatia – Pilot Study - Marko Rada
- Educating Nursing Home Staff to Improve Residents' End-of-life Care and to Reduce Burdensome Hospitalisations - Baseline Findings and Feasibility of a Randomised, Controlled Trial - Pauli Lamppu
- Preliminary data of the CORap study (Gut Feelings Prognostic Value in Primary Care) - Magdalena Esteva
- Self Reported Adherence in Primary Care: A Systematic Review - Delphine Rubé

14:00 - 15:30

Poster Session 5 - Miscellaneous

Co-ordinator: Tiny van Merode

Chair: Durdica Lazic

Location: Main Auditorium Foyer

Presentations:

- Differences in SCORE screening parameters between males and females in Latvia - Līva Mača
- Effect of time elapsed from the onset of heart failure decompensation symptoms to primary care consultation - Miguel Angel Muñoz
- Multimorbid patient quality of life assessment and the factors affecting it. - Andris Pūce
- Quantitative and thematic analysis of gut feelings' text notes - Bernardino Oliva-Fanlo
- Violence Towards Young General Practitioners in Croatia Remain in Silence - a pilot study - Iva Jurčević

14:00 - 15:30

Poster Session 6 - Pharmaceuticals and Other

Co-ordinator: Tiny van Merode

Chair: Mehmet Ungan

Location: Main Auditorium Foyer

Presentations:

- Assessment of 0-24 Months Old Childrens' Mothers' Knowledge Level on Routine Vaccination Program - Tevfik Tanju Yilmazer
- Focusing school doctors' health checks – early prevention of multimorbidity? - Kirsi Nikander
- Inhaled corticosteroid use among adult Finnish asthmatics - Päivi Saukkosalmi
- Reasons of bad adherence to scientific researches among young general practitioners and its improvement - Victoria Tkachenko
- Usage habits of peroral, over the counter analgesics in the adult population of Latvia - Jānis Blumfelds

15:30 - 16:00

Coffee Break

Location: Main Auditorium Foyer

16:00 - 17:00

Parallel Session K - Freestanding papers (Miscellaneous)

Chair: Esperanza Diaz

Location: A1

Presentations:

- Glycemic control, use of steroids and infection among patients with type 2 diabetes - Galia Zaccai
- GPs' gut feelings sense of alarm is valuable in dyspnoea and chest pain - Marie Barais
- How does child abuse suspicion arise in general practice - Erik Stolper

- 16:00 - 17:00 **Parallel Session L - Research Course Research Fellow Presentations**
Chairs: Ferdinando Petrazzuoli, Michael Harris
Location: A4
Presentations:
- What influences medical students' choice of family medicine as a career? A research protocol from the 2018/2019 EGPRN Fellows. - Alice Serafini
- 17:00 - 17:10 **Summary of the day**
Speaker: Local Keynote Speaker, Prof. Elise Kosunen
Chair: Davorina Petek
Location: A1
- 17:10 - 17:30 **Chairperson's Report by EGPRN Chair**
Chair: Davorina Petek
Location: A1
- 17:30 - 17:45 **Presentation of the Poster-Prize for the best poster presented**
by Tiny van Merode, Chair PR & Communication Committee.
Location: A1
- 17:45 - 17:55 **Introduction to the next EGPRN meeting**
Chair: Davorina Petek
Location: A1
- 17:55 - 18:00 **Closing**
Closing of Scientific Conference
Location: A1
- 20:00 - 23:30 **Social Night with Dinner, Dance and Music!**
Pre-booking online essential.
Location: Juvenes Restaurant Attila
<https://goo.gl/maps/VX8hdrB7kK82>

Sunday, 12th May 2019

09:30 - 11:30

EGPRN Executive Board Meeting

Only for Members of the Executive Board

Location: Sokos Hotel Tornio